

Graphs of attention

Use the templates to develop appropriate graphs, then ask yourself:

- What does each quarter of the graph mean? e.g. High urgency, low importance, etc
- What is the graph telling you about the situation you face?

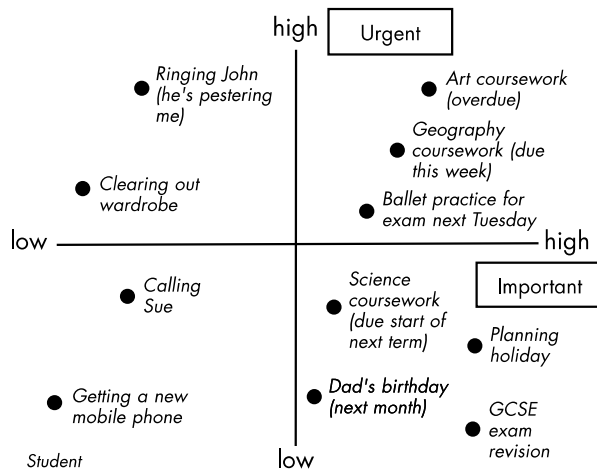
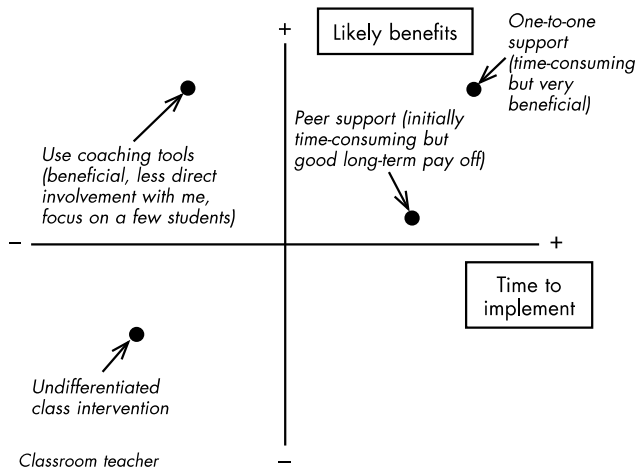


Figure 11: Example graphs from Coaching Solutions Resource Book, 2005a, page 52