

Vision for Learning

Coaching and Training



*Courses with Award-Winning Author and Coach
Will Thomas and Associates*

Introduction to Coaching

(In-house or Public Course - 1 Day)

Qualifies as Part I of the
Certified Coach Accreditation Programme
with The Institute of Educational Coaching

- Designed specifically for education professionals
- Packed with tools, strategies and activities
- Supports learner and colleague development
- Follow on to the 2 Day Advanced Coaching Skills
- Relaxed, inspirational training style
- Bespoke in-house programmes designed to meet your needs

Public Courses are arranged throughout the year - contact us for dates and details of your nearest venue

"Very enjoyable - new ideas that I can use to be more effective in my job - well delivered" Guy Foster, East Manchester Education Action Zone

For further information and bookings e-mail
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Introduction to Coaching

Course Structure and Outcomes



How is the course structured?

It focuses on promoting independent thinking and problem solving in others, demonstrating coaching techniques developed through practical activities. The course content is supported by relevant coaching theory allowing the opportunity to understand the psychology of motivation and develop the practical skills of coaching.

Why attend the course?

The Vision for Learning 1 Day Introduction to Coaching Course develops 1-2-1 coaching skills and is of value to anyone wanting to improve the quality of support they give to others. It will help you work with people to overcome barriers whilst working with the grain of their motivation.

- Develop practical coaching skills and enhanced listening skills
- Discover what drives people to success and what holds them back
- Simple, effective framework for coaching
- Practical approaches to unblock negative attitudes, promoting positivity
- Manage internal thought patterns and habits of mind for coaching
- Know when to question and when to remain silent
- Practical skills for coaching yourself and others

What will I learn?

To develop key knowledge and skills for promoting change in others, including

- What is Coaching? The differences between Coaching, Mentoring and Counselling
- The essential qualities of an effective coach and key questioning tools
- How to establish rapport and develop essential listening skills
- How to ask the right questions and encourage solutions
- How to structure coaching
- How to coach in a hurry

What if I attend?

You'll further develop your skills and knowledge in multiple ways. Just imagine having the confidence to respond positively and effectively in any situation, and having the next level of linguistic tools to promote change in others. Consider the positive impact on your work, your life and those you come into contact with.

'Coaching Solutions' by Will Thomas & Alistair Smith can be ordered online at www.visionforlearning.co.uk

You can also sign-up on the homepage to receive your FREE quarterly newsletter 'E-Vision' packed with information tips and advice